

Morning Prayer

Tuesday



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SUNDERLAND
THE CHURCH OF ENGLAND

O Lord, open our lips
and our mouth shall proclaim your praise.

A Song of God's Righteousness

Bless the Lord, O my soul,
and all that is within me bless his holy name.
Bless the Lord, O my soul,
and forget not all his benefits;
Who forgives all your sins
and heals all your infirmities;
Who redeems your life from the Pit
and crowns you with faithful love and compassion;
Who satisfies you with good things,
so that your youth is renewed like an eagle's.
The Lord executes righteousness
and judgement for all who are oppressed.
He made his ways known to Moses
and his works to the children of Israel.
The Lord has established his throne in heaven,
and his kingdom has dominion over all.
Bless the Lord, you angels of his,
you mighty ones who do his bidding
and hearken to the voice of his word.
Bless the Lord, all you his hosts,
you ministers of his who do his will.
Bless the Lord, all you works of his,
in all places of his dominion;
bless the Lord, O my soul.

Psalm 103.1-7,19-22

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever.

Amen.

The Psalmody

Psalm 16

Preserve me, O God, for in you have I taken refuge;

I have said to the Lord, 'You are my lord, all my good depends on you.'

All my delight is upon the godly that are in the land, upon those who are noble in heart.

Though the idols are legion that many run after, their drink offerings of blood I will not offer, neither make mention of their names upon my lips.

The Lord himself is my portion and my cup; in your hands alone is my fortune.

My share has fallen in a fair land; indeed, I have a goodly heritage.

**I will bless the Lord who has given me counsel,
and in the night watches he instructs my heart.**

I have set the Lord always before me; he is at my right hand; I shall not fall.

Wherefore my heart is glad and my spirit rejoices; my flesh also shall rest secure.

For you will not abandon my soul to Death, nor suffer your faithful one to see the Pit.

**You will show me the path of life; in your presence is the fullness of joy
and in your right hand are pleasures for evermore.**

**Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. Amen.**

Scripture Reading

Deuteronomy 28:1-6

If you will only obey the Lord your God, by diligently observing all his commandments that I am commanding you today, the Lord your God will set you high above all the nations of the earth; all these blessings shall come upon you and overtake you, if you obey the Lord your God:

Blessed shall you be in the city, and blessed shall you be in the field.

Blessed shall be the fruit of your womb, the fruit of your ground, and the fruit of your livestock, both the increase of your cattle and the issue of your flock.

Blessed shall be your basket and your kneading bowl.

Blessed shall you be when you come in, and blessed shall you be when you go out.

Canticle

The Benedictus

In your tender compassion, O God, the dawn from on high shall break upon us.

Blessed be the Lord the God of Israel, who has come to his people and set them free.
He has raised up for us a mighty Saviour, born of the house of his servant David.

Through his holy prophets God promised of old
to save us from our enemies, from the hands of all that hate us,
To show mercy to our ancestors, and to remember his holy covenant.

This was the oath God swore to our father Abraham:
to set us free from the hands of our enemies,
Free to worship him without fear, holy and righteous in his sight all the days of our life.

And you, child, shall be called the prophet of the Most High,
for you will go before the Lord to prepare his way,
To give his people knowledge of salvation by the forgiveness of all their sins.
In the tender compassion of our God the dawn from on high shall break upon us,
**To shine on those who dwell in darkness and the shadow of death, and to guide our feet
into the way of peace.**

Luke 1.68-79

**Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. Amen.**

In your tender compassion, O God, the dawn from on high shall break upon us.

Prayers of Intercession

Let us pray to God, who alone makes us dwell in safety:

For all who are affected by coronavirus, through illness or isolation or anxiety,
that they may find relief and recovery:

Lord, hear us,
Lord, graciously hear us.

For those who are guiding our nation at this time, and shaping national policies,
that they may make wise decisions:

Lord, hear us,
Lord, graciously hear us.

For doctors, nurses and medical researchers,
that through their skill and insights many will be restored to health:

Lord, hear us,
Lord, graciously hear us.

For the vulnerable and the fearful, for the gravely ill and the dying,
that they may know your comfort and peace:

Lord, hear us,
Lord, graciously hear us.

We commend ourselves, and all for whom we pray,
to the mercy and protection of God.

Merciful Father,
**accept these prayers for the sake of your Son,
our Saviour Jesus Christ. Amen.**

The Collect

Eternal God and Father,
you create and redeem us by the power of your love:
guide and strengthen us by your Spirit,
that we may give ourselves in love and service
to one another and to you;
through Jesus Christ our Lord.
Amen.

The Lord's Prayer

Let us pray with confidence as our Saviour has taught us
**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

The Lord bless us, and preserve us from all evil,
and keep us in eternal life.
Amen

Let us bless the Lord.
Thanks be to God.

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